



Child Friendly Anti-Bullying Policy

Robert Bakewell Child Friendly Anti-Bullying Policy

At our school we believe that all members of our school community have the right to come to school without fear and to feel valued, equal and respected. The aim of this anti-bullying policy is to ensure that all members of our school community feel safe in coming to school **without fear of being bullied**. We respect that tackling bullying in all its various forms is vital to achieve this.

Bullying can take place in school, it is anti-social behaviour that can affect everyone. Bullying has a serious effect on children's self-esteem, mental health and emotional well-being which in turn can prevent them from achieving their full potential in school.

No child should have to experience **bullying of any kind**, staff, children, parents and governors all have a responsibility in ensuring bullying is not only not tolerated but also prevented.



What is bullying?

- Repetitive
- On purpose
- Hurts someone
- face to face or online

We know there is a clear difference between friendship problems, accidents and arguments and bullying. Incidents like this can be dealt with in the normal way set out in our behaviour policy.

At Robert Bakewell we use the acronym **STOP, Several Times On Purpose** to help clarify that bullying is a repeated act aimed at a specific person or group of people, that intentionally hurts that person or group.



What should I do if I am being bullied?

The first thing you should do if you are being bullied is **talk to someone**. This could be a member of staff at school or a grown up at home. You could also talk to a friend who could come with you to talk to someone at school to help **support you** and make you feel brave.

School staff will **keep you safe** at school. They will work with you to resolve the bullying and to help you feel better. They will also encourage you to report anything else that happens.

The person or people who bullied you will apologise and have consequences put into place.



How can I help someone who is being bullied?

If someone tells you that they are being bullied, you can help in lots of ways. Firstly, encourage your friend to tell a member of staff, you could go with them to **help them to feel brave**.

You can be an extra special friend to them over the next few days and weeks. Help them to join in at break time and lunch time, remember they could be feeling left out and sad.

If you see someone being bullied, you should **always** tell a member of staff.



Remember you can always use the worry box at school to write a note.

Remember:

- bullying is not your fault
- telling a trusted grown up will always help
- telling does not make you a snitch
- everyone has a right to be themselves
- everyone has the right to feel safe at school
- our school takes bullying very seriously

